

> 06 **Vote of thanks**



> 10 **Name and shame**



> 16 **Stealing the show**



the newham mag

issue 227 // 19 August – 2 September 2011



Star-gazing

We preview Under the Stars
25-28 August (p20-25)



Revised Bank Holiday refuse and recycling collection times

Collection day

Revised collection day

Monday 29 August	Tuesday 30 August
Tuesday 30 August	Wednesday 31 August
Wednesday 31 August	Thursday 1 September
Thursday 1 September	Friday 2 September
Friday 2 September	Saturday 3 September

Please use your recycling bin or orange bags for all your recycling, including all cardboard.



visit www.newham.gov.uk
call 020 8430 2000

is this
my room?

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newhamfostering.co.uk



While the unprecedented violence we saw this month has shocked the community, it has also brought us closer together. Our special edition of the Newham Mag and this issue contain CCTV images of people involved in the

disorder, p10. If you recognise anyone or have information, do the right thing and report them.

Now the turmoil appears to have died down, it's time for normality to return. What better way than joining your neighbours for a night Under the Stars – read about this year's line-up from page 20.

Sir Robin Wales
Mayor of Newham

Don't forget – If you live in East Ham, Royal Docks, Forest Gate or Custom House and Canning Town community forum areas, look inside for local news and events in In Focus.

MAG TEAM: 020 3373 4576

IN FOCUS: 020 3373 2684

STAFF PHOTOGRAPHER: Andrew Baker

ADDITIONAL PHOTOGRAPHY: David Fearn

To advertise in the mag call

Julie Madell on **07890 529 090**



Don't forget to recycle your Newham Mag once you've read it

For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU or email newham.mag@newham.gov.uk

The Newham Mag is printed by Woodford Litho Ltd and distributed by Letterbox Distribution.

Look out for the next issue from 2 September 2011

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To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

IN BRIEF //

Consultation on street trading plans

A public consultation has begun over Newham Council proposals for a new licensing regime for street trading, to make public highways more accessible.

Certain parts of Newham are already designated as areas where annual and temporary street trading licences may be applied for. The council now wants to introduce temporary licences in areas that have not been designated.

The proposal would deal with shop keepers who put stalls on the public highway in front of their shops.

Documents can be viewed at Local Service Centres and libraries or at www.newham.gov.uk/Services

Bravery of shop boss applauded

East Ham shopkeeper Kiran Bhowan, who defended himself with a cricket bat and chased three yobs out of his store, has been praised.

City of Westminster Court heard how the youths kicked their way behind the counter on 11 August. A 17-year-old boy, who cannot be named, was arrested by police soon after. He admitted violent disorder and burglary.

Prosecutor James Bolton-Smith said: "The shopkeeper produced a cricket bat and managed to chase the three young men out before they took anything. The defendant admitted trying to steal cigarettes because he thought the police were too busy to do anything."

The boy's solicitor claimed the teenager, due to be sentenced on 19 August, had acted out of character.

Mayor Sir Robin Wales said: "We should all be proud of Mr Bhowan's bravery. His action was in stark contrast to those of these youths."

School welcomes Games Aussie hopefuls

Stratford's John F Kennedy School is to play an important role in the hopes of athletes from Down Under as they go for gold next year.

The school in Pitchford Street, which has a state-of-the-art hydrotherapy pool, will be used as a recovery centre for Australian competitors in the Olympics and Paralympics.

Members of the Australian Olympic Committee (AOC), including 2004 gold medal swimmer Chris Fydler and former Olympic pentathlete Kitty Chiller, visited the school to see the facilities.

The AOC will link the school to the Australian team website, provide access to educational materials linked to the AOC and the 2012 Games, arrange twinning with an Australian school and set up visits by prospective Olympians.

Head teacher Diane Rochford said: "We have some fantastic accommodation that will provide the perfect options for Games-related recovery."

Other countries are expected to follow Australia's example and base themselves here during the Games.



Cllr Terry Paul, back third right, and head teacher Diane, third left, help sign the deal

Dangerous cosmetics are seized

Thousands of potentially dangerous Henna ink cosmetics have been seized by Newham's trading standards officers.

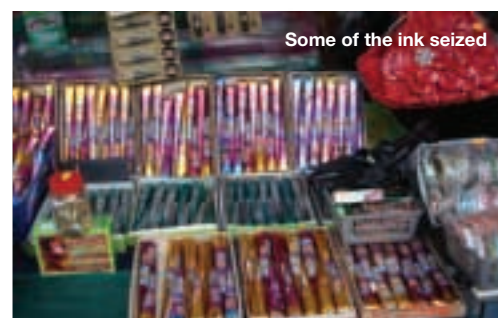
So far 9,000 cosmetics have been confiscated – 6,700 of which came from one shop alone in Green Street, Upton Park. Raids are continuing.

The trading standards officers are targeting black Henna which they believe is being imported from Pakistan. It is often used for weddings and religious celebrations and can be dangerous because it contains high levels of benzene and lead.

The mass seizures comes after Sallyha Din, 17, from Cambridge, was scarred for life after using black henna bought from a Newham store.

Cllr Unmesh Desai, executive member for crime and anti-social behaviour, said: "Parents and young people should look out for this henna. Anyone who comes across it should contact trading standards immediately."

Contact officers through Consumer Direct on 01622 626520 or 01622 626523 and ask for Newham Trading Standards.



Some of the ink seized

Olympic Park areas are named

Five new housing neighbourhoods to be built on the future Queen Elizabeth Olympic Park have been named following a public competition.

Almost 2,000 people entered the Olympic Park Legacy Company's Your Park, Your Place competition. The names chosen link the sites in Stratford with their historical past.



The areas are:

Area 1 (north-east) will be Chobham Manor – a reference to Chobham Manor and the Manor Garden Allotments. It is between the VeloPark and the Athletes' Village

Area 2 (north-west) will be East Wick – because it is east of Hackney Wick

Area 3 (west) will be Sweetwater – a reference to the area's former sweet factory, along with its waterways

Area 4 (south-east) will be Marshgate Wharf – a reference to the original marshes. It will be between Stratford City and Olympic Stadium

Area 5 (south) will be Pudding Mill – after the area's historic connection to the Pudding Mill River. This is near Pudding Mill Lane Station.

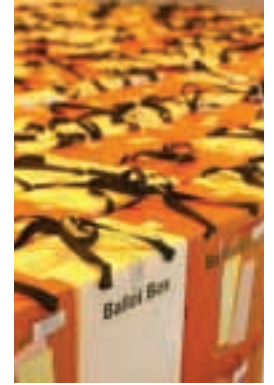
Register now to have vote

Voter registration forms will soon be dropping through letterboxes across Newham and people are urged to return them in order to take part in the 2012 London Mayoral and Assembly elections.

The annual canvass takes place every autumn and the forms are needed to compile a revised electoral register, to be published on 1 December. If you haven't received a form you can contact the electoral registration office on 020 3373 1600.

Electoral registration officer and Newham Council chief executive Kim Bromley-Derry said: "Registering to vote is very simple. Update the annual canvass form with the details of everyone in your household who is eligible to vote and return it to us as soon as possible."

This year if your details haven't changed you can also reply by text, free phone or email. You can also opt to have your details excluded from the edited register, which will mean your details cannot be bought by individuals and commercial organisations. More details are included with the safer registration form.



Curbs on 'shanty' dwellings

Newham Council is set to have a task force to tackle the growing menace of ramshackle illegal out-buildings in gardens often housing people living in squalor.

Currently, Newham is investigating about 100 cases of shanty-style dwellings and has issued a warning to unscrupulous landlords who are exploiting the accommodation.

The new task force is set to proactively confront the problem while another dedicated team will deal with the backlog of cases. The council plans to use aerial photography and infra-red imagery to help track down buildings.

Mayor Sir Robin Wales said: "These buildings are not just illegal and an eyesore, they are dangerous and often used by landlords to sub-let, exploiting those who live there."

"The creation of this task force gives a very clear message about our zero-tolerance approach to illegal buildings. They are unsafe, endanger the inhabitants and are unsightly. They spoil the look and feel of the area."



An out-building in Stratford that has since been removed following council action

Actions we can all salute

I cannot praise the actions of Newham's police officers highly enough. In the aftermath of the disturbances last week I heard about some of the bravery they had shown to keep our borough safe.

Together with the Police Community Support Officers and Special Constables, and our council staff supporting them, they went above and beyond the call of duty.

One such act was the group of 13 officers who went into action when the disorder in East Ham on 8 August was at its height.

With most public order officers deployed elsewhere in London, the group made up of response and CID officers and PCSOs went into action with no specialist equipment, wearing just basic body armour.

“Together with the Police Community Support Officers and Special Constables, and our council staff supporting them, they went above and beyond the call of duty”

They made their way down the high street under heavy attack from bricks and bottles. One officer was felled by a pane of glass falling from a shop window. Despite bleeding heavily from a head injury he and the others put their own welfare to one side and carried on protecting residents

and business until public order officers in full protection arrived.

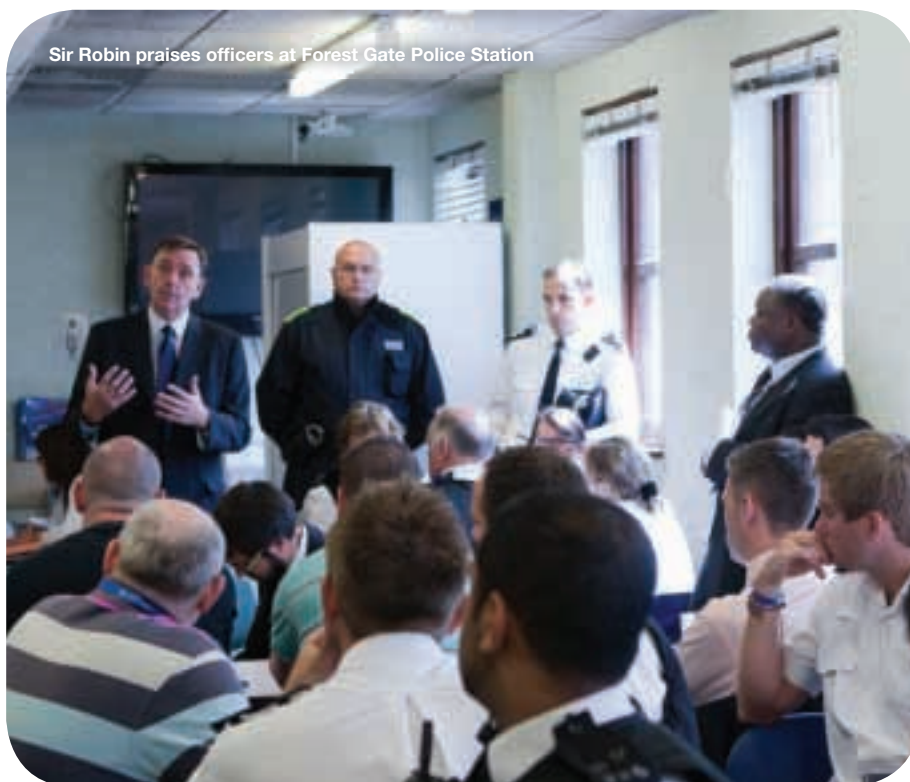
We owe them all our support and thanks – and the reaction of the Woodgate Community, who baked hundreds of cookies for officers and dropped them off at nearby Forest Gate Police Station, was typical of the people in Newham.

And brave acts weren't limited to the police. Our businesses too showed real courage. They could have stayed closed, but I met many in East Ham and Green Street in Upton Park who stood together to defend

their livelihoods through strength of numbers and a commitment to protect their neighbours and community despite the violence.

“We will continue to publish pictures of suspects in the Newham Mag”

The staff at Barclays Bank in High Street North for example came in early as a team to board up windows, sweep away shattered glass and open their doors so that local residents and businesses could get on with their



Mayor's view



Summer School activity

lives. And the shopkeeper in East Ham, who when confronted by three louts, stood his ground and forced them from his shop, is a community response we can all understand.

"We continue to offer a full summer programme of purposeful activities for young people where they can use their time constructively."

In total, 22 London boroughs saw serious disorder last week. Luckily we escaped the worst of it. Across London the number of 999 calls increased by almost 400 per cent in a 24-hour period. The London Fire Brigade received more than 1,700 reports of fires burning. At their peak the number of crime scenes numbered more than 500.

The massive task of viewing the

20,000 hours of CCTV footage so far collected, including images from our own control room cameras, goes on. We will continue to publish pictures of suspects in the *Newham Mag* and online at www.newham.gov.uk/cctv

Our unprecedented step of sending a text message to the mobile phones of more than 45,000 parents and carers also went down well with you. A parent in East Ham emailed me to say: "As a mum to two small children I really appreciated the text I received to encourage parents to keep their children off the streets and safe at home during the riots."

"It is difficult being a parent at the best of times and it is good to know the council and police

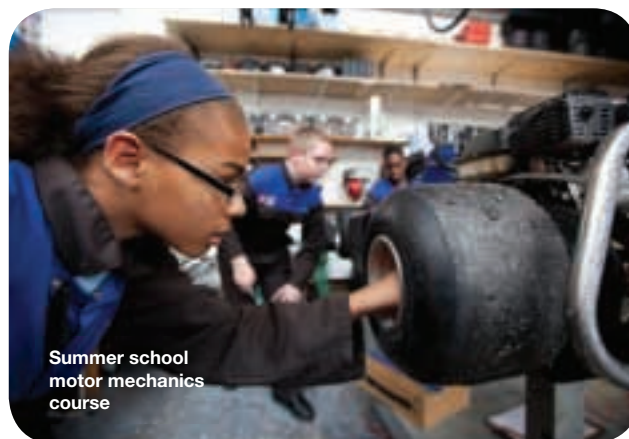
are supporting parents to take proper action. I hope other parents took heart from the text that we are being supported and that even though it can be difficult, someone is in our corner, as often parents are the first to be blamed. Keep our streets safe."

Last month schools and colleges broke up for the summer, leaving young people with six weeks of freedom. For many parents, finding childcare during the holidays is difficult and as a result, youngsters can be left to their own devices while adults are at work.

We continue to offer a full summer programme of purposeful activities for young people where they can use their time constructively.

Our day and evening activities at 24 centres for ages 11 to 19 are mostly free of charge.

This year more than 1,200 young people registered to take part in our Summer School, for ages eight to 18. To find out more visit www.newham.com/summer



Summer school motor mechanics course

with Sir Robin Wales

Changes to social care costs

If you receive non-residential adult social care from the council (ie you live at home but receive services such as meals on wheels), you may see changes to the fees you have to pay, or find that you now need to make a contribution towards the service.

These changes have been made after a six month consultation with users, their families and friends, to find out what they thought of the proposals.

Why is the charging policy changing?

We've changed our charging policy to make it fairer, so the most vulnerable can still access care, and those who receive benefits to pay for their care use these funds to support their needs.

What will the changes to the charging policy mean to me?

You may be asked to pay for your care based on your income. We anticipate only 35 per cent of those who currently use non-residential care services will be affected; of that 35 per cent, most will not pay the full amount.

How will I know what to pay?

We will be introducing a financial assessment for some chargeable services. We will look at what you receive from benefits, employment and other sources to assess your ability to contribute towards the costs.

Will all services be subject to an assessment?

No. Some chargeable services will incur a flat rate charge. These include meals on wheels, laundry services, Telecare services, telephone line rental/TV licences and one-off services.

What do I do if I can't afford to pay?

We can offer support. You can ask for a review of your assessed charge at any time. Where the assessed charge may lead to financial hardship we will review it in light of your individual circumstances. You have the right to appeal any charge decision and to an independent advocate to support you.

When will you start to apply the charges?

Charges to Telecare and meals on wheels will begin from September. All other charges will start from November.

For more details on the charging policy, including ways to pay, log on to www.newham.gov.uk/chargingpolicy or call 020 3373 1184.



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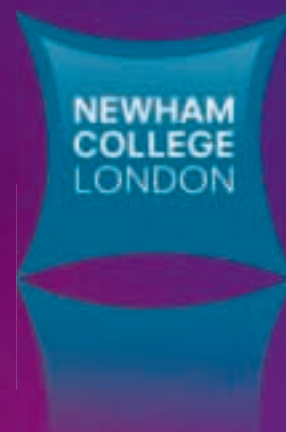
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www.newham.ac.uk/ucs



POLICE, COUNCIL, ACTION!

In the aftermath of this month's disturbances, we have seen communities mobilise to clean up their high streets. The council has swept and cleared the debris and is now working hand in hand with the police to make sure the perpetrators are brought to justice. You will have

seen images of people looting in your neighbourhood online and in our special edition of the *Newham Mag*, and now we bring you the next instalment. Take a look at these images – do you know these faces? If the people pictured are wearing distinctive clothing, do you recognise it?

If you have any information that can help the police bring these people to justice, phone **020 8217 5481**, quoting the reference number under the relevant photo.

They thought they would get away with these crimes; help us to prove them wrong.

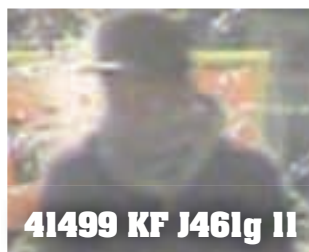
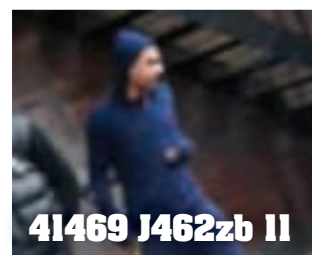
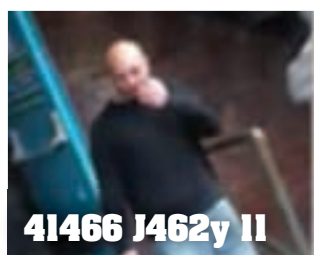
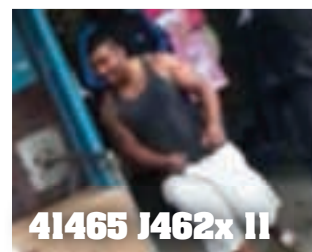
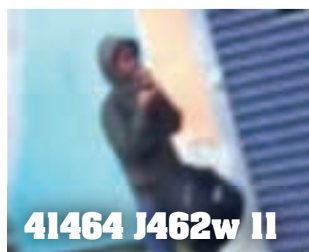
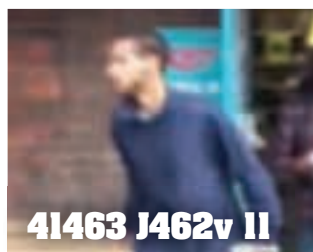
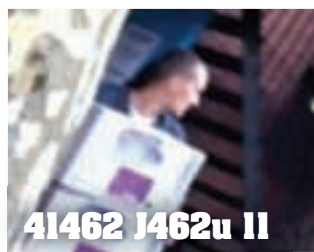
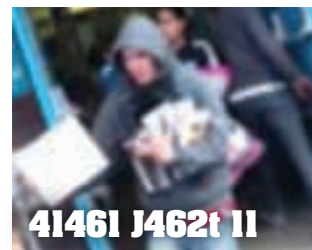
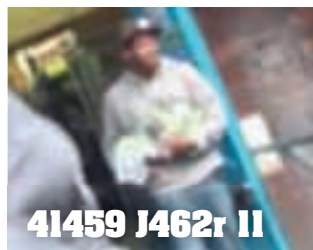
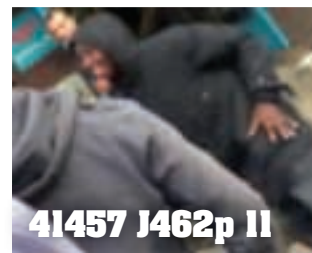
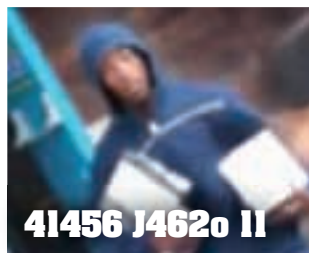


Working together for a safer London

Newham



If you have any information please call the police CCTV unit on 020 8217 5481 and quote the reference number alongside the photo.



Report anti-social behaviour in Newham by calling 08007 313 300. To report a non-emergency crime to the police call 101. In an emergency always call 999.

• nice save

Last year Newham residents
saved £370,000 by recycling.

Let's recycle even more. Find out how at
www.recycleforlondon.com/local

Stop throwing your money in the bin

We all know recycling is good for the environment but did you know how good it is for your wallet? Last year, Newham residents saved £370,000 by recycling – and now's the time to save even more.

Last year, it cost you, the Newham taxpayer, a whopping £12m to send

100,000 tonnes of waste to landfill. If we all reduced, reused and recycled everything we could, we could save millions of pounds each year. This money could then be re-invested in other vital local services such as free school meals or adult social care.

It costs 25 per cent more to get rid of rubbish in your black bin than to recycle it.

The cost of sending waste to landfill is set to rocket as landfill taxes increase.

An estimated 80 per cent of the average bin content can be recycled. All recyclable material put in your recycling bin or orange bag can be processed and used again and again, saving the earth's natural resources and reducing energy costs.

What goes in your orange bin or bag

Food and drink cans



YES please

- ✓ Food tins and cans*
- ✓ Drink cans and tins*
- ✓ Aluminium and steel cans*
- ✓ Metal lids

NO thank you

- ✗ Glass – take to your nearest recycling bank
- ✗ Aerosols and paint tins**
- ✗ Hypodermic needles or other sharp objects: dispose of in a sharps box or call 020 8430 2000 for a special collection
- ✗ All other metals take to Jenkins Lane RCC

Mixed paper and card



- ✓ Newspapers and magazines
- ✓ Brochures and leaflets
- ✓ Telephone directories
- ✓ Junk mail and envelopes
- ✓ Other white household paper
- ✓ **All cardboard** — new service

- ✗ Juice cartons: Take to a special drinks carton recycling bank
- ✗ Books

Plastic bottles



- ✓ Plastic squash bottles*
- ✓ Fizzy drink and water bottles*
- ✓ Plastic detergent and shampoo bottles*
- ✓ Plastic milk bottles*

- ✗ Margarine tubs**
- ✗ Yoghurt pots and lids**
- ✗ Cling film**
- ✗ Plastic meat trays**
- ✗ Polystyrene**

* Please rinse and squash

** Place in rubbish bin

Take glass to one of 14 recycling bring banks in the borough. Find your nearest one by visiting www.newham.gov.uk/YourEnvironment/Recycling

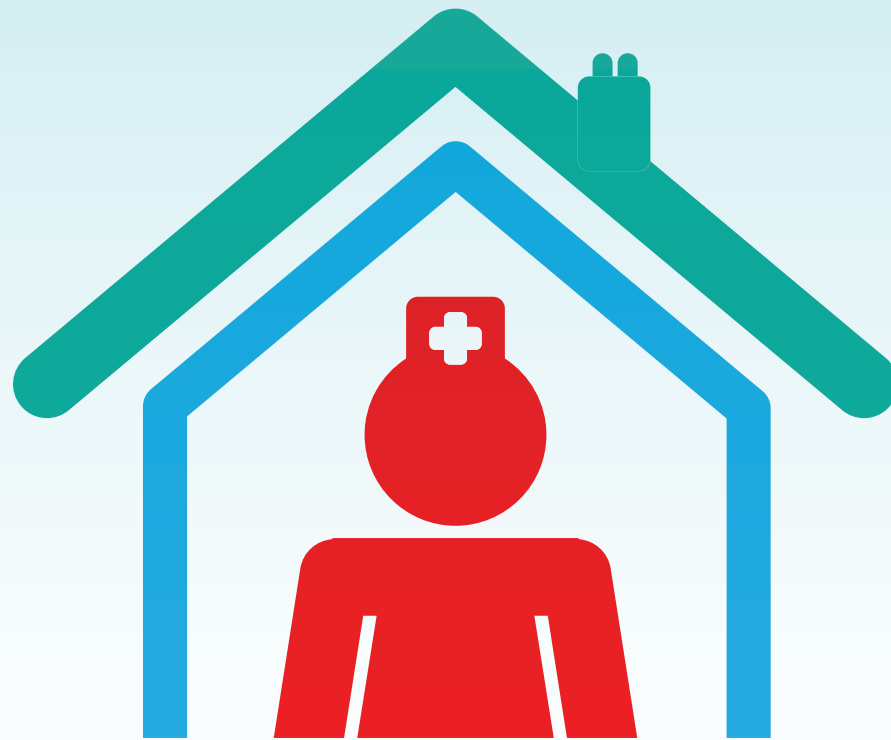
Drop it at Jenkins

Almost everything you throw away can be recycled at Jenkins Lane Reuse and Recycling Centre, Jenkins Lane, IG11 0AD. Open daily from 7.30am-5.45pm, the site accepts the following items:

- ✓ Glass bottles and Jars
- ✓ Wood
- ✓ Cardboard
- ✓ Paper
- ✓ Garden Waste
- ✓ Textiles and shoes
- ✓ Scrap metal
- ✓ White goods
- ✓ Fridges and freezers
- ✓ Food and drinks cans
- ✓ Engine oil
- ✓ Car batteries
- ✓ Plastic bottles
- ✓ Aluminum foil
- ✓ Electrical goods
- ✓ TVs and computers

To prove you are a Newham resident, remember to bring your driving licence and Council Tax bill as proof of ID when you visit Jenkins Lane RCC or you will not be able to use the facility.

For information about all the services Newham Council provides to help you recycle and get rid of your waste for free, visit www.newham.gov.uk/recycling



Hospital treatment in the **comfort of your home**

If you are unwell, wouldn't you like to get treated in the comfort of your own home? Wouldn't you like to have visitors come and see you when you want without set visiting times?

Community Health Newham has been bringing healthcare usually provided in hospital to people in their own homes in a 'Virtual Ward': virtual because you stay in your own home and ward because it works like a hospital ward.

The Virtual Ward teams are made up of community matrons, a doctor, nurses, social workers, community psychiatric nurses, therapists (physiotherapist, occupational and speech and language therapists) and a ward clerk. They work together to co-ordinate and manage your recovery and rehabilitation following an episode of illness.

Anyone can be referred to the Virtual Ward, although patients are prioritised so that those who need intensive support most can access it. The team also supports people who have needed a hospital admission to enable them to come home sooner.

Mary's story

Eighty-one-year-old Mary had recurrent hospital admissions and A&E attendances over 12 months. On assessment, she was found to have multiple health issues which were affecting her quality of life. She had poorly controlled diabetes, reduced mobility and pain and recurrent urinary tract infections and felt anxious and depressed.

Mary's medical and psychosocial needs were addressed by intensive input from the community matron, physiotherapist, occupational therapist and a rehabilitation support worker – all in the comfort of her own home.

Mary reports that she is now more mobile and in less pain. As she is medically more stable she is able to cope better.

Meena's story

Meena developed a urinary tract infection with vomiting and joint pains. Her GP referred her to the Virtual Ward. Meena's infection was treated and her general medication was reviewed and adjusted.

Meena recuperated after a short period, her symptoms disappeared and she was discharged back to the care of her GP.

If you become ill, your GP can contact the team to assess you for possible admission to the Virtual Ward. The service operates from 8am-10pm, Mondays to Fridays and from 8am-4pm on Saturdays and Sundays.



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Why Newham?

I wanted to bring my passion to the schoolchildren where I'm from, so last year I went to see Brian Lucey, the head of St Anthony's School. He was really enthusiastic about the idea and allowed me to start a class there for the 6 and 7 year olds (year 3). It was so successful, they asked me to teach 7 and 8 year olds (year

4). We had 15 people join straight away. Next, the adults started begging us to set up something for them. So now we run an adult class, which is growing really fast.

What makes teaching here different?

Newham is so diverse. In my year 3 and 4 classes, I can name about 15 different nationalities. In the adult classes especially,

we have a range of cultures and ages from 16 to 65 – these people used to walk past each other every day, now they're friends.

There's the Olympic element here too. The cultural legacy of the Olympics, making the arts more accessible – that is 100 per cent what we're about. We want everyone to be able to afford to learn. That's vital to us and this programme in Newham.

Panning east

Reigning European champions, stars of Skyl's Must Be the Music and – reportedly – Prince Charles's favourite steel band, Ebony and its members have been carving out a serious reputation in west London since 1969. Now Steve Lewis, Newham resident and senior member of the band, is on a mission to spread his love of playing pan to his home borough. Armed with a council Go For It grant and some drums, he is already making an impact.

What are the benefits of learning an instrument?

Learning pan has a wide variety of benefits. Different activities bring out different qualities in different children. Newham Council has recognised the importance music plays in education with Every Child a Musician. We all know you can't just have sport or maths

or English all day – you need to mix and match to get the best from someone.

In schools you get a range of children. You get the quiet ones. You get the boisterous ones. But in our classes everyone's on a level playing field. If someone's not playing right, we help them so our collective sound is better. So they're learning how to work

in a team and how to listen. Everyone has to learn to work with others. There's nothing like playing music for teaching you that skill.

Do you mentor the children here too?

Yes, we do. It's a family environment. Community comes from common unity, and that's what they've got. The kids become very dear to you, and sometimes they come to class with issues. Not every child has someone to talk to, so the classes are a place for them to talk to senior members of the band. We'll try to help them in any way we can. As you get older, you get wiser – it's just about providing a level head.

What does playing with Ebony mean to you?

The best thing about playing pan is you can lose yourself in it. You don't think about paying the bills – it takes you somewhere else. It does something special to the people listening too. When we do our Christmas concert on Oxford Street for the NSPCC, we get such a big audience that we have to stop playing to clear the pavement!

What's the next step?

Without the Go For It grant we wouldn't be where we are today. It's been our lifeline – I can't thank the council enough for that. But we need more funders for this programme to be replicated across the borough, to get to more schools and pay for tutors, transport and instrument tuning. After that... I want us to play at the Olympics!

Join the adults' steel band class, every Wednesday, 4.45-6.15pm, £4, St Anthony's RC Primary School, E7. For more information call or text 'steelpan' to **07565 124 701** or email **steve.lewis@ebony.org.uk** If you would like your school to be part of the programme please contact us.

Committed to improving **customer service**



The council is transforming the way it delivers customer services. As part of our Customer Access Strategy we are looking at everything we do to ensure that we deliver the best service and value for money for our customers.

Our website:

www.newham.gov.uk

The Newham website makes it easier for you to access a range of council services at a time and place that suits you:

www.newham.gov.uk/mynewham

Visit these pages to pay your rent (If you are a Newham Council tenant), Council Tax and other bills securely, report fly-tipping or arrange a bulky item collection, as well as to search for local services, such as your nearest dentist, using our interactive maps.

Benefits advice online:

www.newham.gov.uk/benefitsandpayments

Easy-to-understand guidance is now available on what benefits and tax credits you may be eligible for – whether you are in or out of work, bringing up children, sick and unable to work, or disabled – whatever your situation, it's all online. Information is also available on how to make a claim.

Access to Adult Social Care:

<http://adultsocialcare.newham.gov.uk>

This new online resource directory provides support for Newham's vulnerable adults to live as independently as possible within the community by offering information about the different services available to them. This will ensure that those who need support, their families, friends and carers have better access to health and wellbeing information. Residents who have difficulty using the web can speak to the access to social care team by calling 020 8430 2000 and selecting option 8, or can use the self-service facilities in libraries.

If you don't have internet access at home or work, go online for free at any one of the borough's ten libraries; staff can provide guidance on how to use a computer and show you how to use our website.

Customer Service Buildings

We are investing in our libraries by refurbishing many of them and introducing enhanced self-service kiosks for residents that will make your transactions quicker and easier. Canning Town Library is the first to be fully refurbished and will re-open in September. Stratford Library and Beckton Globe Library will be closed for refurbishment from mid-September, reopening in spring 2012.

Council Tax and benefits service move

From Friday 26 August, the Council Tax and benefits service will no longer be available at any Local Service Centre (LSC). This service will move to an appointment only location at Newham Dockside in Beckton.

If you need to speak to someone face-to-face you will have to book an appointment in advance. You can do this by calling 020 8430 2000. The appointment system means you don't need to wait in a queue to be seen and your enquiry can be dealt with swiftly and efficiently by one person. You can also access the Council Tax and benefits service to pay bills online or apply for discounts by visiting www.newham.gov.uk/benefitsandpayments

Cash office payments

Paying your council bills at a cash office costs the council and therefore you, the taxpayer, more to process than any other method of payment. As part of the transformation of customer services, Canning Town cash office will cease to operate from the end of September, and the council's remaining cash offices in Stratford, East Ham and Manor Park will be removed from Local Service Centres by the end of the year.

There are a range of safe and cost effective alternative payment methods available to customers who currently use the cash offices (including payment points in local shops and post offices). Guidance and support is available at your LSC to enable you to access and use these payment methods.

Contact us

If you have a Council Tax or benefits enquiry:

Go online – transactions such as paying bills and applying for discounts and exemptions can be done quickly and easily by visiting www.newham.gov.uk

Telephone – we can resolve most enquiries by phone on **020 8430 2000**.

Appointments – from Tuesday 30 August make an appointment if you need to see someone face-to-face about Council Tax or benefits. Call **020 8430 2000** to request an appointment.

SPEND EVENINGS WITH US UNDER THE STARS

THURSDAY 25 AUGUST - JAZZ NIGHT

There's no need for cool cats to get the blues this summer as we take you on a journey through jazz with some of the UK's finest performers taking to the stage for the Under the Stars opening night. If you dig jazz you'll love our happening line-up.

COURTNEY PINE CBE

With 13 albums under his belt and a career spanning almost three decades, to describe Courtney Pine as UK's leading jazz musician wouldn't be an exaggeration.

Cue the clarinet and enjoy an evening with the multi-talented musician as he takes to the stage for a live performance supported by his band.

RONNIE SCOTT'S JAZZ ORCHESTRA

Get ready for some incredible music performed by superb musicians as Ronnie Scott's Jazz Orchestra takes to the stage. The sell-out troupe, who are in-house musicians for the renowned Ronnie Scott's jazz club, have performed across the world and have a global reputation for great music and seductive sets.

CLAIRE MARTIN OBE

Widely regarded as the first lady of jazz, the multi award-winning Claire Martin will mesmerise you with her hypnotic voice that has attracted the likes of Paul McCartney and Noel Gallagher, who she has collaborated with.

As well as a bringing a touch of charm and sophistication to Central Park, Claire's captivating choruses will stay with you long after the event is over.



Courtney Pine (left) and
Claire Martin



Green Flag raising

For the seventh year, Central Park has been awarded the Green Flag. This is a national benchmark of standards for parks and green spaces in the UK. Join us to raise the flag in celebration on Thursday 25 August; meet at 6.30pm beside the main gates of the Bowling Green in Central Park, High Street South, E6.

Enjoy four nights of entertainment that money can't buy at Under the Stars and bank on us for a FREE extended weekend of marvellous music from 6.30pm every evening from Thursday 25 to Sunday 28 August at Central Park, High Street South, E6.

The Mayor's
Promise #12
Free Events

FRIDAY 26 AUGUST - EASTERN BEATS

For high energy, banging beats and music that's guaranteed to get your hips moving and your shoulders shaking, you can count on Under the Stars. Hosted by BBC Radio One DJ Nihal, put your hands in the air like you just don't care as we give new meaning to the term Indian summer with our evening of Eastern Beats.

HEERA

With their name literally translating as 'diamond' this legendary bhangra group are more than precious to their millions of global fans. Join them on a journey back in time and re-live the 80s – one of bhangra's most influential eras.

The Cool and Deadly group will be performing classics like Maar Chaarpa and the iconic Rail Gaadi. With something for young and old, if you enjoy bhangra beats this is a performance not to be missed.

H-DHAMI

Bhangra's answer to Justin Timberlake is back by popular demand – and this time he'll be joined on stage by his father Heera, frontrunner Palvinder Dhani. As well as singing his early hits, H will showcase some of his new material. Be prepared for involuntary movement caused by high octane beats!

JUGGY D

The internationally known bhangra sensation Juggy D will take to the stage to get you in

the party mood. The all singing, all dancing entertainer will have you screwing light bulbs like they're in vogue. The rhythm is going to get you – you have been warned!

FOJI

The sounds of the Sub Continent will waft over Central Park as one of bhangra's biggest rising talents takes you from East Ham's grassy plains to the green fields of Punjab. If you like your beats traditional, don't miss Foji's Under the Stars debut.

THREEBEE BOLLYWOOD DANCERS

They wowed the Britain's Got Talent judges and are raring to get you in the mood for a great night at Central Park. This dance group will inject a bit of Bollywood glamour to the evening's proceedings so get there early to catch their performance.

Heera and H-Dhani
(bottom)



SATURDAY 27 AUGUST - QUEEN TRIBUTE

No matter how tired you are after two nights of partying The Show Must Go On. Halfway through our four-day extravaganza the beats take on a new meaning as we present a night of rock revival.

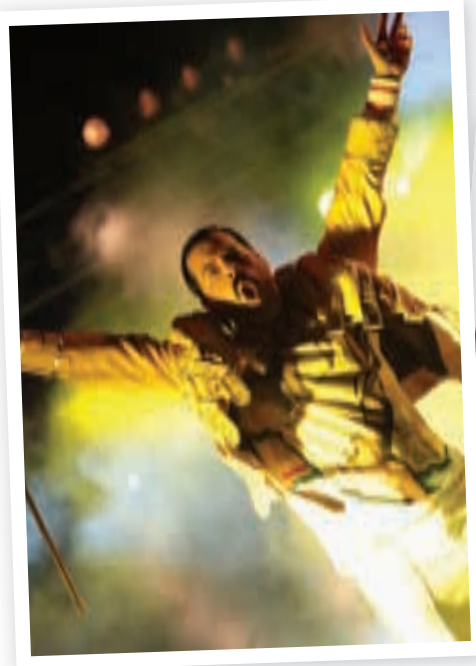
QUEEN ON FIRE

To prove that We Are The Champions when it comes to free entertainment, we've drafted in Queen tribute act the superb Queen On Fire. We won't stop you having a good time, or having a ball, and promise that We Will Rock You before Another One Bites The Dust and you Want To Break Free.

Don't feel Under Pressure to attend, though what this sizable act will provide will be like A Kind Of Magic that you'd only miss if you were ga ga. Start practising your air guitar and draw on a Freddie Mercury moustache – we'll see you there.

MIB

At this year's Royal Wedding, Hyde Park was alive with more than 300,000 revellers who were all boogying to the sounds of MIB. The versatile band's repertoire includes pop, rock and soul classics from the 50s, 60s, 70s and 80s. Whatever your musical taste, get ready to rock til you drop at what is billed to be a super set by this 12-piece party band.



Queen on Fire (left) and MIB



Under the Stars takes place from Thursday 25 to Sunday 28 August. Gates open at 6.30pm each evening. All events are FREE. Arrive early to get a good spot beside the stage.

SUNDAY 28 AUGUST – ROYAL PHILHARMONIC CONCERT ORCHESTRA and firework finale

Our final night of music is a classical climax of beautiful music and breathtaking fireworks. This popular night brings three evenings of full on partying to a harmonious close, giving residents the chance to sit back and relax while the UK's finest orchestra take you on a musical expedition.

After the all singing, all dancing entertainment of the previous evenings, our fab four-day festival concludes with the uplifting sounds of the Royal Philharmonic Concert Orchestra. In line with tradition, the orchestra will end Under the Stars with their dulcet classical tones.

The performance will include rousing renditions of Land of Hope and Glory and Rule Britannia as well as film themes featured in Harry Potter and Pirates of the Caribbean. And Under the Stars wouldn't be complete without the spectacular firework finale set to music.

In celebration of the partnership between Newham and Barnsley, Sunday's performance will open to classical favourites from the Worsbrough Brass Band, who will be travelling down from South Yorkshire especially for the event. The fantastic Newham Youth Choir will entertain the audience during the interval with an inspiring selection of songs.

To find out more visit
www.newham.com/summer



Under the Stars - what you need to know

Under the Stars is a free family event.

A pay bar and catering stalls on-site

There is no public parking. Please use public transport to and from the venue

No glass bottles, please transfer drinks to plastic

You may be searched as a condition of entry

There will be a traditional carousel and ferris wheel on site (charges apply)

Seating for Thursday, Saturday & Sunday will be provided on a first-come first-served basis

Assistance dogs only

Going the extra mile

These days everyone's talking about health and fitness – but in Newham we don't just talk the talk, we walk the walk too. Recently, five of our volunteer walk leaders were recognised with Exceptional Service Awards for their dedication and enthusiasm. They are the first in the country to receive such an award, proving that Newham residents are ahead of the rest when it comes to inspiring others.





Walk leaders with executive member for health Cllr Clive Furness and Paula Peaty

In 2000, the council's Newham Striders and Ramblers set up health walks in the borough, encouraging people to get on their feet, meet others and find out all about their neighbourhoods. Led walks through places of interest mean that getting fit isn't a chore and, even better, there are no hefty gym fees to pay, as it's all totally free. They are aimed at beginners – those of us who take little or no exercise – but everyone is welcome to join in.

Walk leaders are the pillars of the health walks; local volunteers who give up their time to take fellow residents on organised walks, encouraging them to stick at it and playing a pivotal role in their improving health.

Newham Striders and Ramblers runs a programme of health walks and welcomes new walkers throughout the year. Twelve walks take place each week, starting from a variety of locations around Newham.

There are ever more reasons to get walking. Those who take moderate exercise enjoy greater life expectancy with reduced risks of coronary heart disease, stroke, hypertension, type two diabetes, colonic cancer and osteoporosis. Walking can also inspire you to get healthy in other ways, such as improving your diet, stopping smoking and de-stressing.

Talking about Walking

Stanley J Silburn

I've been walking for 50 years. I'd gone on a walking holiday in the Lake District and fell in love with the pursuit. I love the freedom you get when you're walking, it's a great feeling.

I joined a walking group when my wife died. The companionship I get from the group is great and I have made lots of friends over the years.



John Joyce

I started walking in October 2007. I had a couple of heart attacks and was told I needed to do more

exercise. As a kid, I walked everywhere – we used to walk the eight or so miles into town.

I started walking again with the Newham Striders. After a while, I was asked if I'd like to lead a walk with a special needs group, which has been really rewarding.

I walk every day – I love it. I only keep a car because my wife insists on it!



Chris Crock

I've been walking for ten years. I started leading an elders group and now walk every day.

I don't just enjoy walking as a physical activity, I really like the social side and the chance to get outdoors and meet new people.

Walking's great as it costs nothing, almost anyone can do it, you don't have to travel far to enjoy it and it's accessible to everyone.



Fawzi Keer

About seven years ago, my wife was listening to the radio and heard about a walk taking place locally. The next week she insisted we go along. I thought: why do I need to walk when I have a car?

When I got there, the group was lovely and I enjoyed the walk so much I was hooked. I'm a lot healthier now, both physically and mentally. Walking is the best exercise you can get. Jogging can affect the joints, walking doesn't. You cover the same distance, burn the same calories but it just takes longer.



If you'd like to walk with the Striders or train as a Walking for Health Volunteer Walk Leader contact Paula

Peaty, by phone 020 3373 6588 or email paula.peaty@newham.gov.uk. You can also see the full programme and find out about other health walks in your area by logging onto www.wfh.naturalengland.org.uk



Got something to
shout about? Email your
ideas to [@newham.mag](mailto:newham.mag)
@newham.gov.uk

YOUR SPACE

where young people take control

MAKING WAVES

Chandni Tejura, 21, from Plaistow, talks about what she is doing in the community to gain experience in the working world.

"From a young age I've always been interested in media. Writing and reading is what I love to do most and so I always thought I'd want to go into print journalism. However, one day, sitting in the car listening to our favourite local radio station – NuSound Radio 92FM, a great Newham-based community radio station – I thought about how it would feel to be on the other side, with listeners listening to me. I gave them a call and after a very friendly conversation, I was asked to come to meet the director. As I walked into the studio, I felt overwhelmed, it was all so new to me, but instantly I knew what it was what I wanted to do."

"Perseverance is the key – enthusiasm and dedication will always help you get to where you want to be."

"Everyone at the station was so friendly and I felt I fit right into the Nusound family. I was asked if I would like to present a show... on my second day! Being thrown in the deep end, I had been given a big opportunity so I gave it my best shot. The feeling of talking to so many listeners felt amazing! I was doing what I loved best... talking!"

"It was the perfect time to start; NuSound radio was hosting its very own festival, the Diversity Festival. It was amazing, learning how to plan an event. The dedication and effort that goes into a planning something like that for the community is huge."

"Overall, I want to say to all young people in Newham that there are lots of amazing opportunities waiting for you everywhere; you just need to take a first step and find them. Perseverance is the key – enthusiasm and dedication will always help you get to where you want to be."

Chandni Tejura



London Borough of Newham Members' allowances

Publication of allowances paid to members and co-opted members in the 2010/2011 financial year

As part of the legislation that sets out the arrangements for the payment of allowances, details of amounts paid to each Member of the Council and each Co-opted Member of a Committee must be published within the local authority's area. This notice sets out the relevant information for the 2010/2011 financial year.

During the 2010/2011 financial year, the Council operated the following allowance scheme::

Basic Allowance per Councillor:	£10,829 per annum
Mayor's Allowance:	£81,029
Deputy Mayor's Allowance:	£4,000 for each six month period appointed

Special Responsibility Allowances (in addition to the basic allowance) for posts with different levels of responsibility attached to them:

Band	SRA	£
1A	3,621	
1B	5,176	
2A	7,761	
2B	10,347	
3A	14,488	
3B	18,624	
4A	22,765	
4B	26,901	
4C	31,042	

Special Responsibility Allowances (in addition to any other allowance) for Members appointed to represent the Council on the following Bodies (this allowance to cease if that Body establishes a scheme of its own):

External	Body	SRA £
	East London Waste Authority	1,035
	Association Public Service Excellence	1,035

Annual Allowances for non-elected Co-opted/Independent members serving on the following:

Committee/Sub-Committee/Commission	Annual Allowance £
Overview and Scrutiny Committee	497
Children and Young People Scrutiny Commission	497
Other Scrutiny Commissions	497
Standards Committee	800
Chair of Standards Committee	1,200

Childcare/dependants allowance – £7.27 per hour up to 10 pm and £9.70 per hour after 10 pm irrespective of the number of people cared for.

Travelling Allowances – The reimbursement of actual travel costs incurred whilst undertaking duties outside Newham.

Subsistence Allowances – The reimbursement of actual subsistence costs incurred whilst undertaking duties outside Newham. This allowance is limited to a maximum daily rate of £28.99 for meals and a maximum overnight rate of £116.15 for accommodation.

The Council is required to publish details

of the payments made to each Member of the Council and each Co-opted Member of a Committee in respect of the following allowances:

- **Basic Allowance**
- **Special Responsibility Allowance**
- **Travelling Allowance**
- **Subsistence Allowance**
- **Dependants' Carers' Allowance**
- **Co-optees' Allowance**

2010/2011 was an election year and consequently some Members served on the Council for the whole of the financial year whilst others served for only part of the year. Details of the amounts paid to each Member in the 2010/2011 financial

year are set out in four Schedules. The amounts shown are before the deduction of Tax and National Insurance. Schedule 1 details those Members who served for the whole of the year and the amounts they received under the scheme. Schedule 2 details those Members who served from 1 April to 6 May 2010 and the amounts they received under the scheme. Schedule 3 details those Members who served from 7 May 2010 to 31 March 2011 and the amounts they received under the scheme. Schedule 4 details payments made to Co-opted Members.

Kim Bromley-Derry
Chief Executive, July 2011

SCHEDULE 1 – Current Members of the Council serving from 1 April 2010 to 31 March 2011

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
RA	WALES (Mayor)	0	80,695	0	0	0
S	AHMAD	10,734.00	0	0	0	0
AR	BAIKIE	10,734.00	39,042	0	0	0
F	BOURNE	10,734.00	13,798	0	0	0
S	BRAYSHAW	10,734.00	4,938	0	0	0
PM	BRICKELL	10,734.00	17,990	0	0	0
AA	CHAUDHARY	10,734.00	0	0	0	0
A	CHOWDHURY	10,734.00	5,176	0	0	0
MS	COLLIER	10,734.00	1,113	0	0	0
IK	CORBETT	10,734.00	32,077	0	0	0
JH	CORBETT	10,734.00	14,488	0	0	0
RJ	CRAWFORD	10,734.00	32,077	0	0	0
U	DESAI	10,734.00	31,042	0	0	0
CW	FURNESS	10,734.00	21,497	0	0	0
O	GANGADHARAN	10,734.00	0	0	0	0
PM	HOLLAND	10,734.00	361	0	0	0
LT	HUDSON	10,734.00	14,488	0	0	0
KJ	JENKINS	10,734.00	1,113	0	0	0
KR	KAZI	10,734.00	0	0	0	0
A	KELLAWAY	10,734.00	26,268	0	0	0
JH	LAGUDA	10,734.00	22,765	0	0	0
S	MAHMOOD	10,734.00	4,337	0	0	0
RN	MANLEY	10,734.00	15,523	0	0	0
AB	MCALMONT	10,734.00	14,488	0	0	0
C	MCAULEY	10,734.00	31,042	0	0	0
RA	MIRZA	10,734.00	14,488	0	0	0
P	MURPHY	10,734.00	9,015	0	0	0
M	NICHOLAS	10,734.00	0	0	0	0
Q	PEPPIATT	10,734.00	18,624	0	0	0
R	RAHMAN	10,734.00	5,176	0	0	0
P	SATHIANESAN	10,734.00	0	0	0	0
PW	SCHAFER	10,734.00	10,347	17.60	0	0
K	SCORESBY	10,734.00	13,458	0	0	0
L	SHAH	10,734.00	4,938	0	0	164.50
PJ	SHILLINGFORD	10,734.00	10,347	0	0	0
A	SINGH	10,734.00	11,038	0	0	0
MM	SKYERS	10,734.00	515	0	0	0
EH	SPARROWHAWK	10,734.00	22,075	0	0	0
WT	VAUGHAN	10,734.00	13,798	0	0	0
NJ	WILSON	10,734.00	15,178	0	0	0

SCHEDULE 2 – Retired Members of the Council serving from 1 April 2010 to 6 May 2010

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
H	ABDULMUHIT	1,183.05	0	0	0	0
S	ADEMOLAKE	1,183.05	0	0	0	0
AK	ALI	1,183.05	0	0	0	0
Z	ALI	1,183.05	0	0	0	0
CH	BOWDEN	1,183.05	4,876	0	0	0
J	BUTLER	1,183.05	571	0	0	0
A	CRAIG	1,183.05	399	0	0	0
JH	GARFIELD	1,183.05	0	0	0	0
DA	GRIFFIN	1,183.05	1,141	0	0	0
M	HARRIS MITCHELL	1,183.05	0	0	0	0
M	JONES	1,183.05	0	0	0	0
A	KARIM	1,183.05	0	0	0	0
J	KNOTT	1,183.05	0	0	0	0
G	LANE	1,183.05	0	0	0	0
JE	LEITCH	1,183.05	2,053	0	0	0
SS	MARWAY	1,183.05	0	0	0	0
A	SHAKOOR	1,183.05	0	0	0	0
PL	SHEEKEY	1,183.05	571	0	0	0
AK	SHEIKH	1,183.05	0	0	0	0
D	STAFFORD	1,183.05	0	0	0	0
RT	WILLIAMS	1,183.05	0	0	0	0

SCHEDULE 3 – Current Members of the Council serving from 7 May 2010 to 31 March 2011

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £
J	ALEXANDER	9,579.80	0	0	0	0
L	CAMERON	9,579.80	0	0	0	0
NK	CHADHA	9,579.80	0	0	0	0
D	CHRISTIE	9,579.80	0	0	0	0
B	COLLIER	9,579.80	0	0	0	0
C	FIBERESIMA	9,579.80	0	0	0	0
J	GRAY	9,579.80	3,232	0	0	0
A	GRIFFITHS	9,579.80	0	0	0	0
F	HUSSAIN	9,579.80	0	0	0	0
C	MCLEAN	9,579.80	0	0	0	0
F	NAZEER	9,579.80	0	0	0	0
FA	NEKIWALA	9,579.80	0	0	0	0
M	PATEL	9,579.80	0	0	0	0
S	PATEL	9,579.80	0	0	0	0
T	PAUL	9,579.80	0	0	0	0
G	PEARSON	9,579.80	0	0	0	0
E	ROBINSON	9,579.80	0	0	0	0
R	TALATI	9,579.80	0	0	0	0
A	TAYLOR	9,579.80	0	0	0	0
S	THOMAS	9,579.80	0	0	0	0
H	VIRDEE	9,579.80	0	0	0	0

NOTES

1. All Members who are provided with a computer at home to support their work as a Councillor and use the computer for personal use are required to make a payment of £60 per year. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is made.
2. All Members are required to pay fees (£35 per annum) to the Data Controller in respect of Data Protection Registration. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is paid.
3. The SRA (Column 4) paid to Councillor Baikie included an additional payment of £8,000 in recognition of being appointed as Deputy Mayor for two consecutive six-month periods.
4. The SRA (Column 4) paid to Councillor Manley included an additional payment permitted under the allowance scheme as the Council's representative on the Association Public Service Excellence.
5. The SRA (Column 4) paid to Councillor Ian Corbett and Councillor Crawford included an additional payment permitted under the allowance scheme as the Council's representatives on the East London Waste Authority.
6. Travel claims (Column 5) relate to trips outside Newham.

SCHEDULE 4 – Co-opted Members serving from 1 April 2010 to 31 March 2011 or part thereof

Initials	Name	Co-optees' Allowance £
R	Glazzard	800.04
L	Goddard	800.04
A	Hussain	1,200.00
E	Kemp	984.00
J	O'Hara	0
T	Robinson	800.04
J	Van Bussel	800.04
S	Wilson	984.00

Last chance to cash in on community grants

September is your last chance to apply for a community grant from John Lewis Stratford.

Every month since June, grants of up to £500 have been made available to voluntary and community groups in the six Olympic boroughs.

In June, Dreams of Eden in Forest Gate won £500 to develop thier community garden. In July the Green Space in Stratford, a gardening project for people with mental health issues, won £500 to pay for equipment including a new shed for their allotment project.

Newham Riding School in Beckton also had a great result, winning just under £500 to pay for adults' and children's helmets. The school welcomes riders of all ages and abilities (disabled riders go free).

There is still time to apply – the final deadline is Friday 2 September. Just complete an application form with your group's details and explain how you would use the money or items.

For an application form email communitygrants@johnlewis.co.uk or write to: Community Grants - Registry, John Lewis, 171 Victoria Street, London SW1E 5NN.



Dreams of Eden receive their cheque



WIN copies of new West Ham book

If you missed out when author and radio presenter Iain Dale visited Newham Bookshop to sign copies of his recently published book *West Ham: A Nostalgic Look at a Century of the Club*, you can stop weeping into your claret and blue hankie, because the Newham Mag has three copies to give away.

The book traces the heritage of the club back to its formation as Thames Ironworks FC in 1895, through the glory days of the sixties – when the Hammers provided the key figures in England's World Cup-winning team – and other memorable episodes, such as their three FA cup triumphs.

The fully illustrated history also includes many previously unseen images from the archives of the Daily Mirror to complete a nostalgic look-back at a century of life at one of Britain's most famous clubs.

To be in with a chance of winning a copy, answer this question: what are the West Ham colours? Send your answers to The Newham Mag, Fourth Floor West, Newham Dockside, 1000 Dockside Road, E16 2QU or email newham.mag@newham.gov.uk before 2 September.

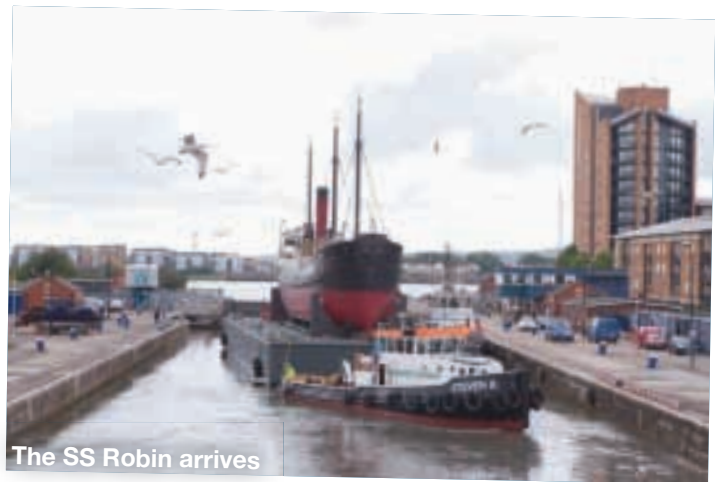
Help save the SS Robin

Newham has welcomed historic steamship SS Robin back to the docks, but now the charity restoring it needs your help. The SS Robin Trust is asking supporters to back its funding bid by completing a brief survey online.

Readers are being asked to help save this beautiful and unique heritage vessel – one of only three Core Collection ships in London along with the Cutty Sark and HMS Belfast – by answering an online questionnaire at www.surveymonkey.com/s/SSRobin-Royals

The survey will remain live until 31 August. Answers will be collected as part of a critical funding stage in order to transform the vessel into a new landmark, museum and learning centre, all on your doorstep.

For more information visit www.ssrobin.org



The SS Robin arrives

Break out of jail for charity



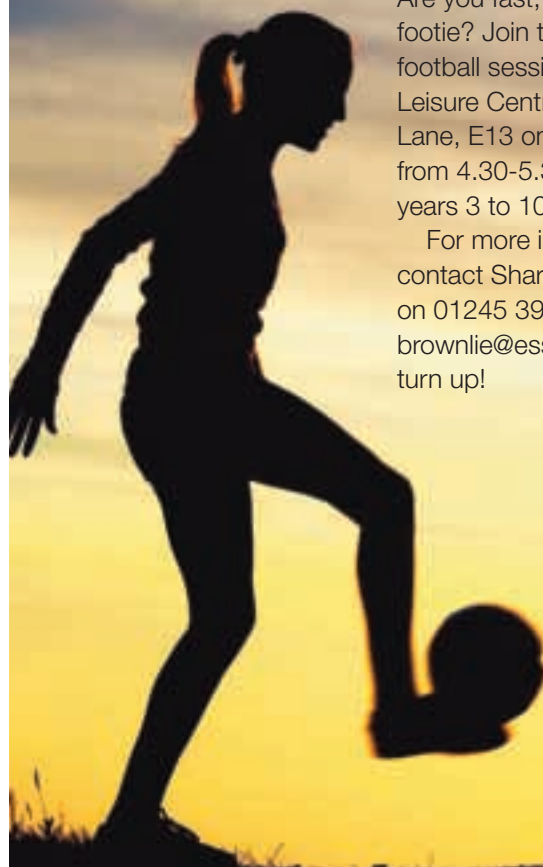
Beckton's Richard House Children's Hospice is looking for people to do what many a historical villain could only dream of: break out of the Tower of London! You have 24 hours and one objective... to get as far away from London as you can, spending not a penny on transport.

This August bank holiday weekend, teams of Richard House supporters will be imprisoned in the Tower of London in a valiant attempt to help raise money for the children's hospice.

Three prizes will be awarded to those teams that have: travelled the greatest overall distance, covered most ground by public transport, or trekked the furthest on foot.

Registration is £25 plus a minimum of £200 in sponsorship. Contact vivt@richardhouse.org.uk for more information or visit www.richardhouse.org.uk

Girls go for goals



Are you fast, female and into footie? Join the free girls only football sessions at Newham Leisure Centre, Prince Regent Lane, E13 on Thursdays from 4.30-5.30pm. Girls from years 3 to 10 are welcome.

For more information contact Sharon Brownlie on 01245 393074, sharon.brownlie@essexfa.com or just turn up!

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU

GALLERY

Winner



Nafi Karim, 10



Nidinin, 8



Cian Sky Sharpe, 6



Shani Sharpe, 8

Free membership at Stratford Picturehouse

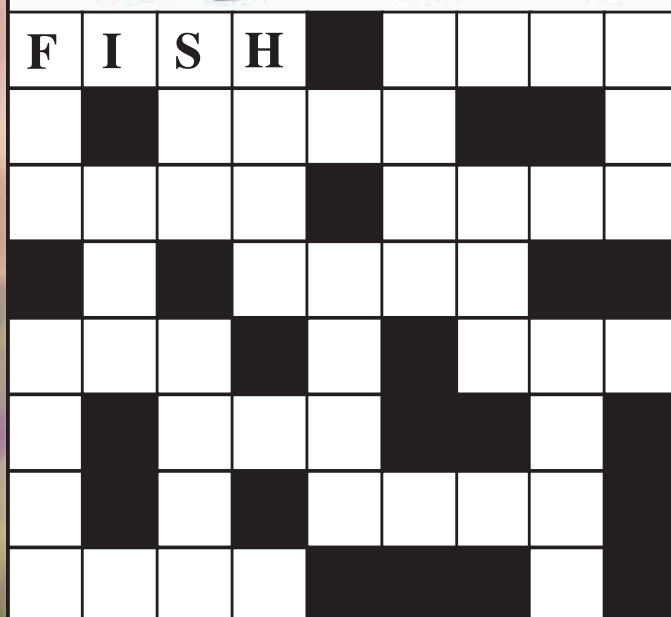
This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Stratford Picturehouse, Theatre Square, E15

Colour-me-in Wordfit



3 letters

BED
DOE
FUR
ICE
ILL
ITS
SOS
SPY

4 letters

ABLE
ACID
ASKS
BROW
DICE
EAST
EVEN
HAKE
KITE
OATS
PANT
RISK
WEED

Poem

Little bird flying high
You are the master of the sky

Gliding here, gliding there
Over fields and trees

Aeroplanes and helicopters too
Make a louder sound than you

Still we hear
Sweet and clear
Bird song on the breeze!

**Little Bird by
Shariya Murugananada, 9**

WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

19 AUG –2 SEP

TRY SOMETHING NEW... ACTIVE LIVING MAP

You can barely turn a corner in Newham without finding an activity for you or your children to do – and we've got the map to prove it! Whether you want to play table tennis or enjoy the back and forth of café discussions, book a pitch or borrow a picture book, we've got it all at a glance.

Using our Active Living Map, you could improve your health and wellbeing, discover Newham and its interesting landmarks, or find out about other activities and facilities on the other side of the borough.

The map is packed full of walking and cycling routes throughout Newham, from the Olympic Park route in Stratford to the Royal Docks route in Custom House.

There are hundreds of opportunities for you to get up and active in Newham, whether part of a walking group, part of a team engaging in sport or simply to increase your social interaction, you can use the map to find your ideal outdoor pursuit.

Pick the map up free from a number of places in the borough, such as your nearest Local Service Centre, library or leisure centre. You can also download a copy by going to www.newham.gov.uk/EntertainmentandLeisure/ActiveLivingMap



ALL LIBRARY LISTINGS

See Library Contacts (next page) for venue details.

UNDER FIVES GROUPS

All open to under fives with their parents/carers.

Storytelling

Beckton Globe

Friday 10-11am

Custom House

Tuesday 10.15-11.15am

East Ham Wednesday
2-3pm

The Gate Friday
11am-12noon

Green Street Thursday
10.30-11.30am

Manor Park Thursday
10.30-11.30am

North Woolwich
Thursday 2-3pm

Plaistow

Tuesday 11am-12noon

Stratford Tuesday
11am-12noon and Friday
11am-12noon

Crafts Club

Manor Park

Tuesday 10.30-11.30am

Toy Library

Beckton Globe Monday
10am-12noon and
Thursday 1-3pm

East Ham Tuesday
10am-12noon and Thursday
10am-12noon

Imaginative Play
East Ham Friday
10.30-11.30am

Learning & Craft
Beckton Globe Tuesdays
during school term
1.30-2.30pm

ADULT READING

Adult Reading Groups

Plaistow Thursday 1
September 6.45-7.45pm

Over 50s Reading Group

Beckton Globe Thursday 1
September 10am – 12noon

OTHER GROUPS

Over 50s Club

Beckton Globe Thursday
10-12 noon

Click-On – computer
sessions for over 50s, contact
the library to book a place

East Ham Friday 10am-
12noon and 2-4pm

ICT Surgeries

The Gate Thursday 10am-12noon

Knit & Natter – craft group
for men and women of all ages
and abilities

Beckton Globe Wednesday
10am-12noon

Canning Town

Thursday 1pm – 3pm

Movie Night at Stratford

Library – free showing the
film 'The Dilemma' (Cert.12)

Stratford Thursday 1
September 6-8pm (prompt
start)

YOUNG PEOPLE

Games Clubs – Sony PS3
or Xbox 360 and Nintendo
Wii games, board games and
many more free activities for
eight to 13-year-olds.

Custom House

Tuesday 3.30 to 5.30pm

East Ham

Tuesday 3.30-5.30pm

Manor Park Monday 3.30-5.30pm

Stratford Playerz – Free activities for young people aged 12 and over.

Stratford Thursday 25 August 4pm-6pm

Teenage Games Club – PS2 and Xbox games, music, board games and many more activities for ages 12-16.

Beckton Globe Wednesday 3-5pm

Teen Xtra Evenings – Free activities for ages 12-21.

The Gate Thursday 6-8pm

OTHER

Movie Matinees – free showing the film film 'Gulliver's Travels' (Cert U).

Stratford Friday 26 August 2pm – 5pm

Free showing the film 'Rango' (PG)

Stratford Friday 2nd September 2-5pm

LIBRARY CONTACTS

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 3373 0853

Custom House Prince Regent Lane, E16 3JJ. 020 3373 0855

East Ham High Street South, E6 6EL. 020 3373 0827

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

Green Street 337-341 Green Street, E13 9AR. 020 3373 0857

Manor Park Romford Road, E12 5JY. 020 3373 0858

North Woolwich 5 Pier Parade, E16 2LJ. 020 3373 0843

Plaistow North Street, E13 9HL. 020 3373 0859

Stratford 3 The Grove, E15 1EL. 020 3373 0826

Archives and Local Studies 020 3373 6881

Community Outreach Services For more information call 020 3373 0813

SPORTS PROGRAMME

Basketball

Newham NSP (free)

- Basketball coaching, 8-19

Mon, 7.30-9pm

Little Ilford Youth Centre, E12

- Basketball Competition, 8-19

Tues, 6-7.30pm

Lister School (Sports Hall), E13

- 3 vs 3 league, 8-19

Thurs, 5-7pm

Forest Gate Youth Centre, E7

Youngbloods Basketball

- Under-12s, mixed

Saturdays, East Ham Leisure Centre

1-3pm

- Under-13/14s, boys

Mondays, 6-8pm, St Angela's School

Tuesdays, 5.30-7.30pm

Newham Leisure Centre

- Under-14s, girls

Mondays, 4.30-6pm, St

Angela's School

Tuesdays, 5.30-7.30pm,

Newham Leisure Centre

- Under-15/16, boys

Tuesdays, 6-8pm, East Ham

Leisure Centre

Fridays, 6-8pm, St Angela's

School

- Under-17/18 boys

Tuesdays, 8-9.45pm, East Ham

Leisure Centre

Thursdays, 7-9pm, St

Bonaventure's School

Fridays, 6-8pm, St Angela's School

Each session costs £1. Contact Caroline on 07958 307 657 for more details.

Football

Newham NSP (free)

Five-a-side

- U14 & U18

Mon, 6.30-8.30pm

Newham Leisure Centre, E13

- 11-18

Wed, 5-8pm

Priory Park MUGA, E6

- 8-19

Wed, 5-6.30pm

Keir Hardie Park, E16

- Five-a-side, 8-19

Fri, 6-7.30pm

Scud Park, Tant Avenue, Canning Town, E16.

- Mayor's Football League, U14, U18,

Thurs, 4-6pm

Memorial Park

- Coaching and competition, 8-19,

Sun, 1-2pm

Winsor Park, E6

- Monthly tournament

U12, U14, U18, 10am-1pm

First Sat of the month

Plasnet Park, E6

WHU Kickz (free)

Mon

- U14, 4-5.30pm

- 15+, 5.30-7pm

West Ham Community Astro Turf (Beckton)

- 11-18, 5-8pm

Forest Gate Youth Centre, E7

Tues

- U14, 4-5.30pm

- 15+, 5.30-7pm

West Ham Community Astro Turf (Beckton)

- 11-18, 6-9pm

Priory Park MUGA, E6

Wed

- 11-18, 5-8pm

Priory Park MUGA, E6

Thurs

- 11-18, 4-7pm

Priory Park MUGA, E6



Football

Fri

- U14, 4-5.30pm

- Girls 11+, 5.30-7pm

West Ham Community Astro Turf (Beckton)

- 11-18, 5-8pm

Forest Gate Youth Centre, E7

Air Football 16+

Tues

1-3pm, Stratford Park, E15

Fri

3-5pm, Beckton Powerleague

For more info visit

www.airfootball.co.uk

Ascension Football Academy

For info call Beryl Callison 020 7511 1232.

School years R-3:

9.30-10.30am

School years 4-7:

10.45-11.45am

School years 8-11:

12noon-1.30pm

All sessions £2.50

King George V Park, E16

Basketball

Newham All Star Sports Academy (NASSA)

Junior programme

Gifted & Talented

8-11yrs boys/girls

Cumberland school,

Oban close, E13

Fridays, 4.15pm-5.30pm

U13/14, Thursdays 4.30-

6.30pm and Saturdays 10am-12.30pm





Badminton

U15, Thursdays 5.30pm-7.30pm, Newham Leisure Centre, 281 Prince Regent Lane, E13

U16/18, Monday 5.30-7.30pm
Rokeby School, Canning Town
E16 4DD

Senior Men/Women Programme

Division 2 Women and Division 3/4 Men
Monday 7.30-9.30pm
Rokeby School, Barking Rd, E16
For details contact coach Chris on 07703 503 995 or Coach Aurimas on 07712 176 301

Handball (free)

- Newham Flames, Tues
U15, 3.30-5pm
U18, 5.30-6.30pm
Newham Leisure Centre, E13 (Multi-Sports Hub)
Call Ari Bekker on 020 8430 2484

Multi sports (free)

Newham NSP
- Handball, football, competition
5-7pm, 8-19
Wed, Stratford Park, E12
- Coaching and competition
4-5.30pm, 8-19
Fri, St John's Community Centre, Albert Rd, E16

Athletics at Newham Leisure Centre

- Get Set Go Group, 11-16
Mon, 4-5.30pm, £1
- Met Track 10-17
Fri, 4.30-6pm
- Newham and Essex Beagles Athletics Club, 10+
Mon and Wed, 6.30-9pm;
Sun, 10am-1pm
Email jacqueline.ramsden1@btinternet.com

Cricket

- Tapeball cricket league (free)
11-15, 16+, 6-9pm
Kingsford Astro Turf
- Newham Cricket Club
Monday 5-7pm
8-16, £2 per session
Flanders field, Napier Road, E6
Visit www.newham.gov.uk for information.

Boxing

East Ham Boleyn ABC
10+ years +; boys only
- Mon, Tues, Wed, 5-6pm
East Ham WMC, 2 Boleyn Road, E6
Call Daniel Penny on 07958 124 144
- West Ham Boys ABC
9-years +; boys and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High Street, E13
Call Lianne Jameson on 020 8472 3614
- Peacock ABC 8-years +
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call Martin Bowers on 020 7511 3799
- Newham Boys ABC
6-years +; boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder Atwal/Joe Chapman 020 8519 5983
- Fight For Peace 11 years +; boys and girls
(Phone for session details)
Woodman Street,
North Woolwich, E16

Call Marigold Ride
on 020 7474 0054

Contact clubs before visiting

Free non-contact boxing

Non-contact boxing is the perfect way to increase your fitness, lose weight, build strength and learn to defend yourself.

Osmani Boxing Club is open to males aged eight to 25
Fridays, 4-6pm
Froud Centre, 1 Toronto Avenue, E12
For more information call 020 7247 8080 or email healthyfutures@osmanitrust.org

Free sports@Ascot Hall

Football, girls and boys, eight-15yrs, Sat, 10am-12pm
Street dance for girls, all ages, Sat, 12-1pm
Non-contact boxing, eight-12yrs, Sat, 2-3pm
All sessions are free, for info call 020 8430 4775
Ascot Hall, Hermit Road, E16

Newham Swords

Learn to fence with Olympic champions; from ages four to adult. The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13.
Tuesday 6.30-9pm
Thursday 6.30-9pm
Friday 7.30-10pm
Call Linda on 07956 618 898 or visit www.newhamswords.co.uk

Dare 2 Dance

Free street dance classes for girls aged 14-24 including break dance, krump, waacking

and popping.

Newham Leisure Centre (New Indoor Multi Sports Centre), 281 Prince Regent Lane, E13
Friday 3.30-5.30pm (3.30 - 4.30pm Open Technique Class, 4.30 - 5.30pm Choreography Class)

For more information contact Nicole on 07970 783 526 or email nicole.napier@newham.gov.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. Visit www.newham.gov.uk, email paula.peaty@newham.gov.uk or call 020 8430 2000 for more information.

Universal Warriors Kickboxing Club East London Muay Thai Academy, Arch 2, Cranberry Lane, E16

Mondays, Wednesdays and Fridays, 6.30-8pm, £7/£5 concessions
Saturdays 11.30am-12.30pm, female only boxfit class, introductory price £3.50
For more information call Don on 07784 712 813 or email teamrichards@hotmail.co.uk

Newham Shoujin Karate Sessions for beginners:

Wednesday 4.30pm-5.30pm (4-15)
Thursday 6-8pm Fighting Fit (karate combat techniques and fitness) (16+)
Friday 6-7pm (4-15) & 7-8pm (16+)
Sunday 10-11am (4-16+)
Sessions are held at Newham



Exercise to music

Leisure Centre, Prince Regent Lane and the adjacent Multi-Sports Indoor Centre. For more information call 07508 070 638.

WCKD Karate & Self Defence Institute
Teaching Freestyle Karate and self defence

All levels including beginners
Children (5-9 yrs) £3.50 Weds 5-6pm & Sat 11am-12noon
Juniors (10-15 yrs) £5 Weds 6-7pm & Sat 12noon-1pm
Adult classes also available.
Maryland Studios, 84-86 Leytonstone Road, Maryland, Stratford, E15 1TQ
Call 07535 928297 or email wuchikwondo@gmail.com for more information.

Ramgharhia Badminton Club
Adults (Advanced)
Tuesdays, 7-9.30pm
Little Ilford School
Church Road, Manor Park
Juniors

Fridays, 6-7.30pm
Adults (Beginners/Intermediate)
Fridays 7.30-9.30pm
Langdon School, Sussex Road, East Ham
For more information and prices contact Kilvir Bahra on 07803 834 037 or email ramgarhia.bc@gmail.com

Adult Badminton (16+)
Sunday, 11am-1pm

Froud Centre, Toronto Avenue, Manor Park, E12
All standards welcome.
Call Hilda on 020 8553 3223 or e-mail hildasilcock@hotmail.co.uk for more information.

OPA Netball Club
Tuesdays

Under 16s: 6-7pm and over 16s 8-9pm
Matches in Essex Met League/Three Swords League on
Saturdays
Lister Community School, St Mary's Road, Plaistow

All levels welcome, for more information and prices call Lesley Jones on 07717 281 529 or email opa_netball_club@hotmail.com

Run in England – all £2

For more details email oimafidon@runinengland.co.uk or call 0797 926 1647

Monday, 4-5.30pm, Newham Leisure Centre E13, meet on the track

Tuesday, 6-7pm, Newham Leisure Centre E13, meet on the track

Wednesdays:

12noon-1pm, Newham Dockside, Dockside Road E16, meet at reception
5.30-6.30pm, Newham Leisure Centre E13, meet on the track
Saturdays, all 10-11.30am:
Central Park E6, meet at the café, Wanstead Flats, meet at Harrow Road Changing Pavilion
West Ham Park E15, meet at southgate entrance off Portway

Sunday, 10am-12 noon, Newham Leisure Centre E13, meet on the track

East End Road Runners – for all abilities

Tuesdays, 7pm, meet on the track at Newham Leisure Centre, Prince Regent Lane, E13. Annual membership £10. Members: £3 per session/ non members £4.

Women United FC (16+)
Mondays (Term time only)

6.00-7.15 Kingsford School, Kingsford Way. Call Shona Pollock on 07968 665849

Woodside Badminton Club
Fridays 8-9.30pm

Carpenters Docklands Centre 98 Gibbins Road, E15.
Intermediate and club standard players welcome.
Call Steve 020 8514 1586. £5 waged/£3 unwaged



Newham Cyclists

Newham rides starting at 10.30am from outside Stratford Station and return at 3pm. No need to book. Just turn up on the day. Next ride is on Saturday 30 July.

To find out more, call 07947 236965

Cycling – sessions and guidance

Wednesdays: 11am, 12.15pm and 1.30pm
Free, all equipment provided
F13 Waterfront Studios, 1 Dock Road, E16
Call 020 7055 0808 or visit www.careinmind.org.uk

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Free Flying Wheels club for young wheelchair users aged six to 22. With an emphasis on wheelchair rugby and training from professional players.
Wednesday and Friday evenings, 6-8pm
Rokeby School, Barking Road E16 4DD
Call Eda on 020 8472 0058 for more information.
Mon, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16, 4-5.30pm
Fri, 4-8pm, Newham Leisure Centre, E13, free

Multi-Activities

People with Disabilities Club, Tues, Newham Leisure Centre, E13, 10.30am-12.30pm

Family swims for disabled children and adults

Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.45-5.45pm
For more information call 020 8552 3195
£5 Family Swim, Sun, Balaam Leisure Centre, E13, 12.30-2pm
For details call Zeenat on 07528 562 902

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Zahra Mirza on 020 7511 4477

Goalball

First Thursday of the month at Newham Club, Brompton Manor School from 5-7pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am-12noon

For all of the following sessions contact Zahra at GLL on 020 7511 4477.

Free Trampolining sessions

Fri, 4-8pm; Sat 12.30-2.30pm, Newham Leisure Centre, E13

Free exercise to music

Sat, 12.30-2.30pm, Newham Leisure Centre, E13

Mixed swimming session for adults and children

Wed, 10am-12noon, East Ham Leisure Centre, £1.15



Tea Dance

Families dealing with Autism Swim

Wed, 4-5pm, Balaam Leisure Centre, free.

OTHER

Yoga

Hatha Yoga Classes for beginners, every Thursday from 6:30-7:30pm, £7 per session. Learn breathing techniques, movement and posture. Held at Stratford Workshops, Room 122, Burford Rd, E15. Contact 07881 840 618 or visit www.newham.gov.uk.

g-yoga.com for more details.

Tea Dance

Monday 12 September, 1.30pm

Put on your dancing shoes and join us for an afternoon of entertainment at Old Town Hall, Broadway, E15.

Cost £2, which includes refreshments and a free raffle ticket. Places are limited – call 020 3373 7511 to book.

ARTS LISTINGS

Stratford Picturehouse Pinocchio

Wednesday 24 August, from 11am

Relive this Disney classic on the big screen and enjoy a 1940s cinema experience complete with usherettes. Before the film begins, there'll be a puppet-making workshop and other craft activities on a first come, first served basis. The film begins with a short newsreel on what going to the cinema was like in the '40s. Pinocchio will be followed by a Reminiscence discussion with Graham Rinaldi, accompanied by a free hot drink and biscuits. Tickets £4 over-60s/ £5.50 children/ £7.50 adults.

Autism friendly screening of Cars Saturday 3 September, 11am

During autism-friendly screenings low lights are left on in the auditorium and the volume of the soundtrack is reduced. It is fine for customers to move around, make noise or take a break during the film.

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social behaviour – anything that causes your local area to look unsightly or makes other residents' lives unpleasant – call Newham's 24-hour hotline on 0800 731 3300

To speak to the Newham Mag team, call 020 8430 2000 or email newham.mag@newham.gov.uk

Tickets cost £3, no concessions.

To book please call: 0871 902 5739 or Visit www.picturehouses.co.uk/stratford

DO THE TWIST

Get off the sofa and shake a leg at weekly dance and drama sessions., run by Go For It grant-funded Twisted Pink. The organisation has been running for over a year and provides positive activities for young people from the ages of 6-17.

Sessions are held every Wednesday (4-11 year-olds) and Friday (12-17 year-olds) from 5 to 7pm at The Swift Centre, 387 Barking Road, Plaistow, E13 8LA. Sessions cost £2.

You could be involved in Twisted Pink's annual big event and perform at various festivals in Newham.

For more info contact Jacqueline Reid on 07534 513 307, email twistedpink26@aol.com or visit www.twistedpink.org.uk





The Credit Suisse Beckton Park Challenge

Sunday, September 18, 2011
3km Junior Run / 5km Run / 10km Run

Are you up for an exciting challenge? Calling people of all abilities to take part in a run around Beckton Park on park paths, grass and quiet local roads.

Enter online via: credit-suisse.com/becktonparkchallenge

UNDER THE STARS

FANTASTIC FREE MUSIC

THURSDAY
25 AUGUST

**JAZZ
NIGHT**

COURTNEY PINE
RONNIE SCOTT'S
JAZZ ORCHESTRA
CLAIRE MARTIN

FRIDAY
26 AUGUST

**EASTERN
BEATS**

NIHAL, H-DHAMI
HEERA

SATURDAY
27 AUGUST

**QUEEN
TRIBUTE**

QUEEN ON FIRE
PLUS SPECIAL
GUESTS MIB

SUNDAY
28 AUGUST

**ROYAL
PHILHARMONIC
ORCHESTRA**

**PLUS
FIREWORKS**

GATES OPEN 6.30PM AT CENTRAL PARK, E6

No public parking, please use public transport. You may be searched as
a condition of entry. No glass bottles or dogs.

*Brought to you by the
Mayor of Newham*

020 8430 2000
www.newham.com/summer

